



Welcome to Bergen, Norway



**Erasmus – Act Before the Game is Over –
September/October 2025**



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Welcome to Bergen

Welcome to Bergen. We hope you enjoy your stay and experience in our wonderful city! Bergen has a population of approximately 270 000. Bergen is the second

largest city in Norway (and the most beautiful) and we are often referred to as “The City Between the Seven Mountains”.

Bergen is known for its UNESCO World Heritage Site Bryggen, its mountains and its rainy days. We currently hold the record for the most rain in one month, with 634,7 millimeters of rainfall during October 2021. That means that when the sun actually shines, the city centre is vibrant and crowded with people. Everyone usually puts everything else on hold and goes out to enjoy the sunny weather.



The Fløybanen funicular to mount Fløyen.

Things to see/do while in Bergen in your time off:

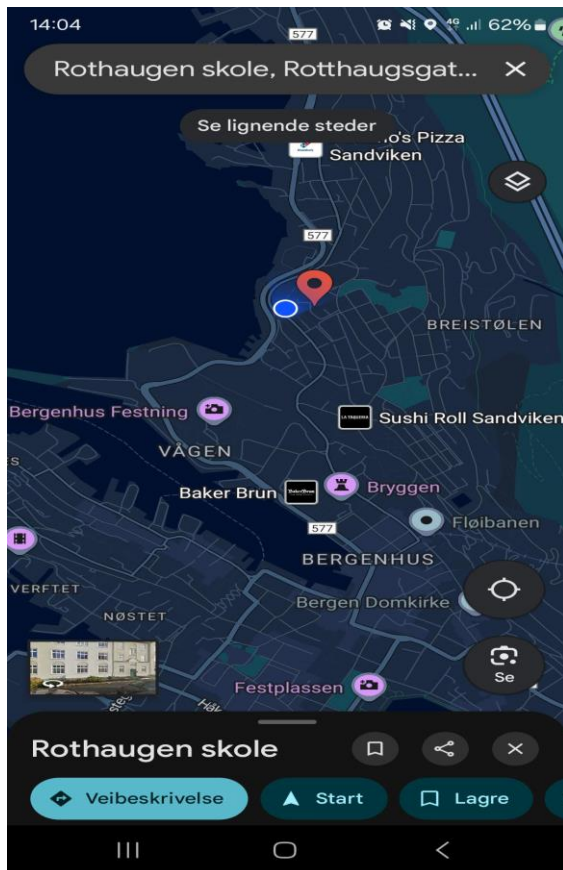
1. **Bryggen** (its location is in the city centre).
2. Go for a **mountain** hike.
3. Visiting one or more of Bergen’s many great **museums**.
 - For example: **The Hansetic Museum** to learn more about the Hanseatic period in Bergen. Address: Øvregaten 50. They have guided English tours.
 - **KODE art museums** which displays art and design from artists such as Nikolai Astrup, Pablo Picasso, Paul Klee, J.C. Dahl and “the Silver Treasure”. It also has the third largest art display and masterpieces of the famous Norwegian painter Edvard Munch.
 - Another museum worth a visit is the **The University Museum of Bergen - wonder and science**. Collections ranging from the Age of antiquity and the Middle Ages right up to the present day.
4. Visit the **Maria Church** which is the oldest intact building in Bergen. It was built in 1181. There are also a lot of other old churches in Bergen.

Travel information



The name of the transportation company for bus, light rail, train etc. is called Skyss. You can download the app “Skyss ticket” on your phone and buy a 7-day ticket. It is also possible to buy these tickets by cash or card on one of the machines at the airport stop and in the city centre.

There is also a “Skyss Travel” app that you can download, or you can go to the online site. Search for Skyss Travel Planner in your browser or use this site: <https://www.skyss.no/en/> Both the app and the online site have real time updates on when the bus leaves or if there are accidents that affect your travel.



Map of the city centre, with a red mark on Rothaugen school.

Participant Itinerary - C3 Bergen 04.05.25-09.05.25

Sunday, September 28th

Arrival of the participants.

When arriving at Flesland or the city centre train station, students will be met by their host families. Students will be brought to their host families to get acquainted. Teachers/adults will travel to their accommodations independently after their students have been collected. We recommend using the city tram (Bybanen) to travel to the city center. Ticket machines can be found at Flesland.

If the team arrives early in the day, feel free to ask the team at Rothaugen for suggestions as to activities to do on this first day – some examples are listed previously in this pamphlet.

Monday, September 29th

First working day

Students will eat breakfast with their host families, while the adults will eat at their accommodation. Remember to bring lunch.

08.30-10.30: Welcome to Rothaugen – Kahoot and a guided tour of our school. Presentations by the Norwegian team and discussions of our similarities and differences. Students will create climate slogans connected to “acting before the game is over”. Seminar: Our Ecological impact!

10.45-11.45: A tour of our school garden and the planting of an Erasmus friendship tree.

11.45-12.30: Lunch

12.30-13.30: Environmental Relay Race

13.30-15.00: A visit to Norway’s fishing museum in Sandviken.

The rest of the evening, you are free to do what you wish in our beautiful city :)

Tuesday, September 30th

Second working day

Students will eat breakfast with their host families, while the adults will eat at their accommodation. You must remember to pack a lunch today before you leave your host family/accommodation.

08.45: Welcome to another day. We will start our day at Bergen Public Library.

09.00-12.00: Crafting games and stories about the environment, climate and sustainability using the platforms Gemini and Storyjumper. Students will present their products to the other groups and they will be saved as part of our project output.

12.00-12.45: Lunch.

12.45-14.30: A sustainability walking tour of Bergen City Centre.

After school, students will be with their host families. Teachers/adults will meet the Norwegian teachers at Bryggeloftet (Bryggen 11, 5003 Bergen) to eat dinner together at 17.00.

Wednesday, October 1st

Third working day

Students will eat breakfast with their host families, while the adults will eat at their accommodation. You must remember to pack a lunch before you leave your host family/accommodation. The teachers from Belgium and Türkiye will go on a boat cruise on this day.

9.00-11.30: Designing a booklet of good ecological practices in groups. Presentations of the groupwork before lunch.

11.30: Lunch – walking to the Museum Garden.

12.30-14.30: A visit to the Museum Garden and the museum of Natural History. Focus on examining biodiversity, ecology and our nature's development.

After school, students will be with their host families.

Thursday, October 2nd

Fourth and final working day

Students will eat breakfast with their host families, while the adults will eat at their accommodation. You must remember to pack a lunch before you leave your host family/accommodation.

08.30: Adults will meet at Rothaugen to discuss the continuation of our project. Students will not be at school for this meeting.

09.35: Collaborative art session for students: creating nature-inspired artworks + bookmarks. Presentations of our products before lunch.

11.00: Lunch

12.00: A tour of Bryggen Museum and Bergenhus Fortress. Exploring our city's history.

From **14.30** we will have some free time, before we meet up at Rothaugen (at **18.00**) to have a ceremony and party. The Norwegian students must meet at the school at 17.00

Friday, October 3rd.

Departure day

If your team leaves late, feel free to ask the team at Rothaugen for suggestions as to activities to do on this final day – some examples are listed previously in this pamphlet.

Rothaugen school

Rothaugen school is a secondary school with student ages ranging from 12-16. There are about 620 pupils at our school, which make up 28 classes in 8th, 9th and 10th grade. The staff is about 70 people. Rothaugen school is the main public secondary school in Bergen city centre.

The word “Roth” comes from German meaning “rocky mountain”. The school opened in 1912 and has been a secondary school since 1961. During WW2 the Germans stayed in the school, occupying almost every room. They stayed there throughout the war.



What you need to bring for Norway and prepare in advance

When you come to Bergen, you will need to bring;

- Clothes suitable for both rain and sun (it is Bergen after all).
- Toiletries
- ATM-cards (many stores in Norway have moved away from using cash after COVID)

- Suggestion: Students staying in host families could perhaps bring a small token from their homelands.

Before you come to Norway, you must know how the platforms Gemini and Storyjumper function.